***First of all what is HEAD?***

HEAD is simply a reference to the current commit (latest) on the current branch.  
There can only be a single HEAD at any given time (excluding git worktree).

The content of HEAD is stored inside .git/HEAD and it contains the 40 bytes SHA-1 of the current commit.

### [*git reset --hard <commit\_id>*](https://git-scm.com/docs/git-reset)

"Move" your HEAD back to the desired commit.